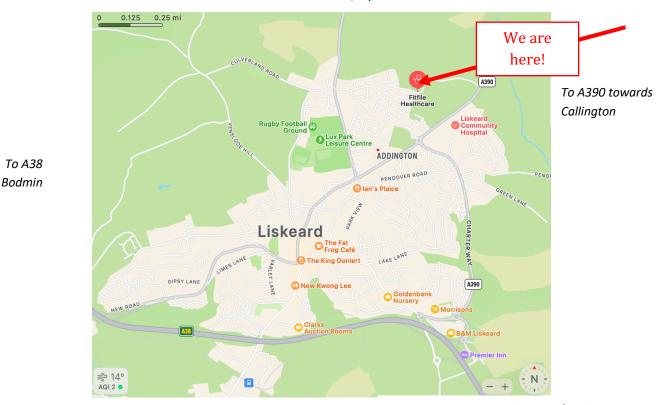
Fitfile Healthcare Ltd.

DO NOT RELY ON SAT-NAV! IT IS LIKELY TO TAKE YOU TO THE WRONG LOCATION OR VIA A VERY NARROW ROUTE!

The clinic address is Fearnley, Tregay Lane, Liskeard. Cornwall. PL14 6RQ.

Please follow directions and parking advice overleaf

To St Cleer / Upton Cross



To A390 towards A38 Plymouth/ Bodmin

From the direction of A390 Callington, A38 Plymouth, Looe, Bodmin:

1. Enter the new housing development 'Trevethan Meadows' via the roundabout at the A390 into 'Carlton Way'.



2. Travel down Carlon Way and turn right into Tregay Lane at this crossing point.

Unfortunately, there are no road signs and this looks like a footpath!



3. Bear right in Tregay Lane at this new junction:



4. Appx 100m on the left you will find the clinic.



Please park on Tregay Lane right outside the wall of 'Fearnley'.

Enter the clinic on the left [white door] with 'Fitfile' sign.

Please do not obstruct our neighbours red garage door.

An alternative route for patients travelling form the direction of St. Cleer, Pensilva or Upton Cross on the B3254 is as follows:

Fitfile Healthcare Ltd. Liskeard Tel: 01579 344244 <u>www.fitfilehealthcare.com</u> email: fitfile@icloud .com



Enter Liskeard, viewed from direction of St Cleer /Upton Cross and turn right into Granite Way opposite Culverland Road.

5. Travel down through Granite Way and turn left into Clover Drive.



Granite Way Liskeard.



Turn left into Clover Drive.

6. Drive through Clover Drive until you reach a juntion and point where the road bears to the left and merges with Tregay Lane. Bear Left into Tregay Lane.

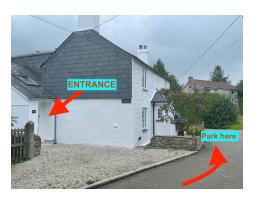


Bear left into Tregay Lane.

Fitfile Healthcare Ltd. Liskeard Tel: 01579 344244 <u>www.fitfilehealthcare.com</u> email: fitfile@icloud .com 7. Follow Tregay Lane for 100m and we are located on the left at a property named 'Fearnley' (a white house on the lane, photograph below).



Tregay Lane.



Please park on Tregay Lane right outside the wall of 'Fearnley'.

Enter the clinic on the left [white door] with 'Fitfile' sign.

Please do not obstruct our neighbours red garage door.